

Conference Program

April 15, 2023



Department of Psychological Science

Schedule

Location: Academic Learning Center (ALC), Kennesaw State University, Kennesaw, GA

9:00-9:30 am	Registration and Continental Breakfast: ALC Lobby
9:30-10:15 am	Poster Session I: ALC Room 1201
10:15-10:30 am	Opening Remarks, Door Prizes: ALC Room 1100 Dr. Jen Willard, GURP Co-coordinator
10:30-11:30 am	Keynote Address: ALC Room 1100 Title: Thriving in Stressful Times Dr. Roxanne Donovan, Professor of Psychological Sciences and Interdisciplinary Studies Kennesaw State University
11:30-11:45 am	Break
11:45-12:15 pm	Paper Session I: ALC Room 1100 Moderator: Dr. Ordene Edwards
12:15-1:30 pm	Lunch: The KSU Commons
1:30-2:15 pm	Poster Session II: ALC Room 1201
2:15-3:00 pm	Paper Session II: ALC Room 1100 Moderator: Dr. Paul Story
3:00-3:10 pm	Break
3:10-4:00 pm	Graduate School Panel: ALC Room 1100 Moderator: Dr. Dan Niederjohn, GURP Co-coordinator
4:00-4:15 pm	Awards Presentation and Closing Remarks: ALC Room 1100 Dr. Adrienne Williamson, GURP Co-coordinator
4:15-4:30 pm	Book Give-Away

Table of Contents

Keynote Address	3
Informational Session: Graduate Panel	4
Paper Presentations	5 – 7
Paper Session I	5
Paper Session II	6 – 7
Poster Presentations	8 – 11
Cognitive	8
Cultural and Diversity	8 – 9
Developmental	9
Experimental	9 – 10
Industrial and Organizational	10
Other	11
Physiological	11
Social and Personality	11
Acknowledgements	12 - 13

Keynote Address

Thriving in Stressful Times Dr. Roxanne A. Donovan, Kennesaw State University

Stressed? You're not alone. Even the most resilient among us are struggling under the weight of accumulative stress from the last three years. Yet, we have a collective tendency to underestimate the impact of stress on our well-being, work, and relationships, leaving us vulnerable to burnout. In this keynote, Dr. Roxanne Donovan breaks down what stress is, the big mistakes we make when trying to reduce it, and the psychology-based practices that can take us beyond managing stress to thriving despite it. Hint: They're not what you think.



Dr. Roxanne A. Donovan is a former corporate negotiator turned clinical psychologist, Professor of Psychological Sciences and Interdisciplinary Studies at Kennesaw State University, and certified yoga teacher. She is a nationally recognized expert on topics of well-being and social justice and features regularly in the media. Dr. Donovan brings an intersectional lens rooted in liberation to her scholarship, publishing and presenting extensively on the ways gendered racism impacts the mental health outcomes of Black women and other women of color. Her two coauthored books, *Teaching Diversity Relationally: Engaging Emotions and Embracing Possibilities* and *Unraveling Assumptions: A Primer for Understanding Oppression and Privilege*, apply psychological and social justice frameworks to the understanding and teaching of diversity. Integrated with her

professional roles are her rich and multilayered identities as spouse, mama, sister, and auntie.

Graduate School Panel

Panelist Biographies:



Zhardae Bailey majored in psychology and minored in applied statistics and data analysis at Kennesaw State University, which catapulted her future in data. After beginning her career in 2017, she later obtained a master's degree in Data Science and currently holds a position as a Business Intelligence Consultant for a large healthcare company. She is on a mission to protect consumer/patient information, enhance business longevity, and improve decision making through reporting. With always having a curiosity for research and the unknown, she provides improvements to processes and creates technology-driven results for actionable insights.



Fari Djavanshir is a Board-Certified Behavior Analyst (BCBA) who works with Peachtree Autism Services. Fari has been a BCBA for a year and has 4 years of experience in special education and working with children and teens diagnosed with intellectual/developmental disabilities. Fari received his BS in Psychology from Kennesaw State University in 2019. Afterwards, he gained experience at a neurodevelopmental facility, working with a large range of learners with different diagnoses. He graduated with his MS in Applied Behavior Analysis from Georgia State University in 2021, and he plans to use this knowledge to continue helping

people in the neurodiverse community. He enjoys and encourages collaboration, and has experience working with parents, teachers, and other service providers in an inclusion preschool setting at The Frazer Center.



Marion Granger is a first-year PhD student in epidemiology at the University of South Carolina. She specializes in perinatal and reproductive research, with a particular interest in fetal development and birth outcomes. Marion completed her bachelor's degree in psychology and master's degree in applied statistics at Kennesaw State University, where she was introduced to the Human Studies Lab, and connected her passions for development, the prevention of negative health outcomes, and family welfare in riveting research on birth outcomes after neonatal intensive care unit admission.



Andrew Manocchio is a second-year doctoral student attending Mercer University's Clinical Psychology PsyD program. He has worked on research pertaining to false confessions, Islamophobia, research and clinical strategies in the treatment of autism, and cheating behaviors in academic settings. Currently, his research interests include mechanisms of change in the treatment of anxiety disorders and examining the psychometric properties of clinical measures. His clinical interests include psychotherapy for anxiety and mood disorders as well as neuropsychological assessment.

Paper Presentations

Paper Session I: ALC Room 1100

1. The Relationship Between Gender Dysphoria and Perinatal Depression Among Trans and Gender Expansive Individuals

Author: Kat LaFever

Faculty Sponsor: Dr. Sherryl H. Goodman

Affiliation: Emory University

Gender dysphoria, which is characterized by clinically significant emotional distress due to incongruence between one's sex assigned at birth and their gender identity, is most prevalent among trans and gender expansive (TGE) individuals. Given both the steadily increasing number of TGE people choosing to pursue parenthood through childbirth, and concerns about depression in this population, it is essential to know the extent to which gender dysphoria might be associated with depression during the perinatal period. This study examined the association between gender dysphoria and depression symptom levels within a sample of pregnant or postpartum TGE individuals and explored potential mediators of the relationship. We found a significant, positive association between gender dysphoria and depression symptom levels. Further, we found a significant, positive association between gender dysphoria and perinatal depression when reported feelings of positive affect are high. Finally, we found no suggestion of support for feelings of community belongingness as a moderating variable for this relationship. This study is the first to report on this association within a TGE cohort and will help guide medical providers in treating gender dysphoria in TGE individuals both during and after pregnancy.

2. Musical Components and Their Impact on Perceived Exertion: An Examination of Tempo and Lyrics

Author: Leanna Wood
Faculty Sponsor: Dr. Amy Boggan
Affiliation: Young Harris College

Improving our health and well-being is a goal that individuals share. One way to reach this goal is by developing an exercise routine, and for many, music is an essential part of their workout. Though music can make exercise more enjoyable, is there an underlying benefit? The research project presented here investigated whether lyrics and different tempos affect participants' perceived exertion during 10-minute cycling intervals with varying tempos of music with or without lyrics. Both music with lyrics and higher tempos seemed to lower perceived exertion, though these trends were not statistically significant. Funded by the Young Harris College Undergraduate Research Initiative.

Paper Session II: ALC Room 1100

3. Social and Psychological Factors of Immigration: Age of Immigration, Perceived Life Satisfaction, Feelings of Inclusion, Exclusion, and Linguistic Ability

Authors: Ian Sinza, Rebecca Eaker, and Ariel Jaillett

Faculty Sponsor: Dr. Tirza Leader

Affiliation: Georgia Gwinnett College

Immigration in the US has remained in a steady increase for the last few decades, with foreign-born populations increasing, especially in urban areas (Brown et al., 2018; MacDonald & Sampson, 2012). Immigration affects socioeconomic markers, such as education, employment, salary, and welfare (Hermansen, 2017). Age-at-arrival and length of exposure to a host culture are also key factors in the construction of cultural identity, with evidence pointing towards a time-sensitive period for acculturation (Cheung et al., 2011). Killen and Stangor (2001) also demonstrated that inclusion was dependent on age, with younger children feeling more inclusive. Therefore, it is hypothesized that there is a correlation between age-at-immigration and perceived satisfaction with life, feelings of inclusion, and exclusion. This study aims to uncover the social and psychological factors in immigration, specifically, the relationship between immigration age, linguistic factors, feelings of social inclusion, exclusion, and perceived satisfaction with life. This archival research provides a thematic analysis of 390 entries in the Immigrant Stories Collection from the University of Minnesota's Immigration History Research Center. Discussion will include the potential implications of immigration processes and further exploration of the psychological effects of immigrating.

4. Swearing Through the Pain

Authors: Isabel Brown, Luis Orellana, Britney McKenzie, and

Elizabeth Dunaway

Faculty Sponsor: Dr. Elizabeth Dunaway Affiliation: Dalton State College

Previous research has shown that using swear words causes a hypoalgesic or pain-lessening effect. Stephens et al. (2009) found that when participants submerged their hands in ice water, they could withstand the pain longer when repeating a swear word than when repeating a neutral word. A follow-up study found that participants could withstand the pain of the ice water longer when repeating a swear word, only if they did not often swear (Stephens et al., 2011). The current study aimed to replicate these studies on an American college student population, using the cold pressor task to induce pain, and time spent in ice water and heart rate as dependent measures. Participants were exposed to neutral and swearing conditions while submerging their hands in ice water. In this study, we failed to find a significant difference between the swearing and control conditions in both duration of time spent in the cold pressor task and heart rate. In this paper, we discuss several explanations for our lack of effect, including cultural differences between our sample and those of Stephens and colleagues, as well as a reluctance to swear in professional settings. Future directions are also discussed.

5. Investigating Conditioned Threat Responses and Alcohol Use Among College Students

Authors: Erin Batarseh and Ebony Glover

Faculty Sponsor: Dr. Sharon Pearcey

Affiliation: Kennesaw State University

Alcohol abuse and alcohol dependence in college students are ongoing problems that have been associated with several different psychological disturbances and disorders. High alcohol preference has been associated with high fear-potentiated startle (FPS) magnitude in mouse lines, but alcohol consumption itself has hardly any effect on decreasing fear responses (Barrenha & Chester, 2007; Barrenha et al., 2011). There may be a relationship between overconsumption of alcohol and a predisposition to higher baseline FPS and fear learning in humans. It is hypothesized that students who report high alcohol consumption will also show amplified overall FPS responses in a fear conditioning paradigm. Participants were 71 college students at a southeastern university who received introductory course credit for their participation. Upon completing the Kreek-Mchugh-Schluger-Kellog (KMSK) scale survey for alcohol consumption, participants were then prepared for their participation in a fear conditioning paradigm. Uniformly, participants who scored high in alcohol consumption startled higher to both conditioned stimuli in the paradigm compared to participants who scored low in alcohol consumption. Although the results were not statistically significant, there is a consistent difference in the magnitude of the startle response depending on participants' high and low alcohol scores.

Poster Presentations

Cognitive

1. Effects of Background Music in Adults with Autism Spectrum Disorder

Authors: Savannah Cato, Beth Suranie, and Michelle Khandadash

Faculty Sponsor: Dr. Sidni A. Justus

Affiliation: Kennesaw State University

2. Exploring Interactions Among Depression, Sleep, and Episodic Memory in Adults with Autism

Authors: Justin Summe, Emily Hutson, Sidni A. Justus, and Audrey Duarte

Faculty Sponsor: Dr. Sidni A. Justus

Affiliation: Kennesaw State University

3. Adapting Generic Occupational Health Psychology Interventions to Increase Cultural Relevance

for First Responders

Authors: Haley Trust, Anthony Puline, and Evan Sassenberger

Faculty Sponsor: Dr. Kristen Horan

Affiliation: Kennesaw State University

Cultural and Diversity

4. Withdrawn

5. The Impact of Discrimination, Community Support, and Class Modalities on Burnout in College

Students

Authors: Caitlin Callahan, Audrey Harris, Maya Maqousi, Kevin Toler, Sarah

Weeks, and Adriana Williams

Faculty Sponsors: Dr. Meghan Bankhead and Dr. Anisah Bagasra

Affiliation: Kennesaw State University

6. Is the American Dream Lost? Influences of Acculturation and SES on Future Thinking in

Immigrants

Authors: Saiesh Faisal and Darren Bernal

Faculty Sponsor: Dr. Darren Bernal

Affiliation: University of North Carolina, Asheville

7. Racial Attitudes and LGBTQ+ Identity: Implications for Educational Resources

Authors: Kylee Frazier and Peeper McDonald

Faculty Sponsor: Dr. Peeper McDonald Affiliation: Agnes Scott College

8. The Impact of Age and Racial/Ethnic Origin on the Well-Being of College Students

Authors: Noah Henry, Kayla Fisco, and Kevin Kieffer

Faculty Sponsor: Dr. Kevin Kieffer Affiliation: Saint Leo University

Developmental

9. Examination of Social Interactions in Biological and Foster Mother-Offspring Orangutans

Authors: Rachel Bond, Antonio Kocoski, Hannah Maurello, Mia Bechara,

Grace Williams, Christina Ragan, and Vanessa Quinn

Faculty Sponsor: Dr. Christina Ragan

Affiliation: Georgia Institute of Technology, Purdue University Northwest

10. Choices for Family Growth: Infertility to Adoption

Authors: Daezha Jackson and Meghan Salain

Faculty Sponsor: Dr. Nicole Martin

Affiliation: Kennesaw State University

11. The COVID-19 Pandemic and Social Play Opportunities for Children

Authors: Peyton Kehl, Jenni Koehler, and Maria Hopkins,

Faculty Sponsor: Dr. Maria Hopkins

Affiliation: University of Alabama at Birmingham

Experimental

12. Designing and Validating a Simple Voluntary Exercise Assay in Mice

Authors: Nana Addo Offei, Rob Sullivan, Lucy Bronson, Christopher Le, and

AbdAlrahman Najjar

Faculty Sponsor: Dr. Kate Cammack

Affiliation: The University of the South

13. Mister Rogers' Grown-Up Neighborhood: The Effect of Fred Rogers on Benevolent Worldviews

Author: Meagan Belflower Faculty Sponsor: Dr. Maria Hopkins

Affiliation: The University of Alabama at Birmingham

14. The Impact of Environmental Enrichment and Voluntary Exercise on Opioid Relapse

Authors: Lucy Bronson, Rob Sullivan, Nana Addo Offei, Christopher Le, and

AbdAlrahman Najjar

Faculty Sponsor: Dr. Kate Cammack

Affiliation: The University of the South

15. Assessing Conditioned Preference and Locomotor Properties of a Possible Cocaine Antagonist in Mice

Authors: Daniela Duenas-Pincay, Anna Püsök, and Kate Cammack

Faculty Sponsor: Dr. Kate Cammack

Affiliation: The University of the South

16. Spatial Navigation in Betta Fish: Allocentric vs. Egocentric Cues

Authors: Noah Gibson, Brittany McKenzie, Dakota Marquez, and Elizabeth

Dunaway

Faculty Sponsor: Dr. Elizabeth Dunaway Affiliation: Dalton State College

17. The Impact of the Gut Microbiome on Despair-Like Behavior in Mice

Authors: AbdAlrahman Najjar, Revie Atkinson, and Kate Cammack

Faculty Sponsor: Dr. Kate Cammack

Affiliation: The University of the South

18. The Importance of Estrus as a Biological Variable in Undergraduate Research Using Rodents

Authors: Anna Püsök, Kendall Moore, and Kate Cammack

Faculty Sponsor: Dr. Kate Cammack

Affiliation: The University of the South

19. Anxiety Levels Following Long-Term Antibiotic Exposure in Mice

Authors: Kelly Walker, Revie Atkinson, Yana VanDenAbbeele, Anna Püsök,

AbdAlrahman Najjar, and Kate Cammack

Faculty Sponsor: Dr. Kate Cammack

Affiliation: The University of the South

Industrial and Organizational

20. The Impact of Team Size on the Leadership Style and Psychological Capital of Women Leaders

Authors: Jennifer Garcia-Arreguin and Israel Sánchez-Cardona

Faculty Sponsor: Dr. Israel Sánchez-Cardona Affiliation: Kennesaw State University

21. Work-Design Features Associated with a Higher Net Promoter Score

Authors: Evan Liu and Kristin Horan

Faculty Sponsor: Dr. Kristin Horan

Affiliation: Kennesaw Mountain High School and Kennesaw State University

22. Examining Differences in Psychological Capital, Burnout, and Work Engagement Among Women

in Leadership Positions

Authors: Edwin Trejo-Rivera, Israel Sánchez-Cardona, and Maria Vera

Faculty Sponsor: Dr. Sánchez-Cardona

Affiliation: Kennesaw State University and Universidad Pablo de Olavide,

Spain

Other

23. The Effect of the Severity of an Individual's First Criminal Conviction on the Probability of

Criminal Recidivism

Author: Bryce Jeffcoat
Faculty Sponsor: Dr. Cynthia Midcalf
Affiliation: Erskine College

24. The Role of Emotional Inhibition in Relation to Emotion Perception, Empathy, and the Strong

Black Woman Schema

Authors: Kathernine Carr, Kaelyn Dicks, Dash L. Acker, Desire N. Egboh,

Royale S. Randall, Raja A. White, Georgia C. Anderson, Charlotte

Capers B. Snoad, and Joel G. Thomas

Faculty Sponsor: Dr. Joel G. Thomas Affiliation: Agnes Scott College

Physiological

25. Long-Term Biobehavioral Effects of Postnatal Clomipramine Exposure in Sprague-Dawley Rats

Authors: Harika Kosaraju and Christina Ragan

Faculty Sponsor: Dr. Christina Ragan

Affiliation: Georgia Institute of Technology

26. Cannabis Use Contributes to Sex Differences in Fear Extinction

Authors: Ashante Thompson, Cymone Parker, Samari Simmons, and Ebony

Glover

Faculty Sponsor: Dr. Ebony Glover

Affiliation: Kennesaw State University

Social and Personality

27. The Impact of Resilience on Perceptions of Performance After Receiving Feedback

Authors: Michael Buehring, Julie Delose, and Amy Boggan

Faculty Sponsor: Dr. Amy Boggan Affiliation: Young Harris College

Acknowledgements

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We appreciate everyone's help in making this year's conference a success!

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"Somewhere, something incredible is waiting to be known." Dr. Carl Sagan